NTU Library

Wellness for staff and library users

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Presented to:
IFLA Continuing Professional Development and Workforce Learning (CPDWL) Section
Staff Engagement Committee
Navigating Staff Bonding during a Pandemic

► About NTU Library:
  ▪ 70 staff
  ▪ 7 library offices
  ▪ Staff Engagement Committee made up of 7 staff (2-year, voluntary basis) to organize events and look after general welfare matters of the Library

► Past events included: in-person crafts workshops, games, visits to cultural sites, buffet lunches

► The current Staff Engagement Committee took office in 2020

► Goal: feeling connected with each other and lifting spirits
Virtual activities and games

Virtual crafts workshops, scavenger hunts, stepathons, music recitals, sharings, etc.
Painting the Staff Lounge

Repurposed old storage space to create our secret staff lounge
Painting the Staff Lounge

- Staggered timeslots and invited staff to sign up
- Provided stencils and paint
HYGGE
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► Launched January 2021

► Unique design encourages self-expression, self-reflection, and self-care through the experience of calmness and tranquility

► Hygge, a Danish word for wellbeing, refers to factors contributing to everyday happiness such as cosiness, absence of annoyance and taking pleasure from the presence of soothing things

► Low lights, bean bags, no-shoes
A Familiar Forest

- Inaugural exhibition in Hygge
  - 20 Jan 2021 to 31 May 2022

- Environmental artist and alumna of NTU, Zen Teh

- Multi-sensory art and science exhibition set in an urban construct, she replicated the tranquillity of the forest at night through a spatial photographic experience with artificial soundscape and concocted scent