General objective: supporting a number of 17 librarians, from both urban and rural areas, for 2 years in order to acquire new abilities, competences and knowledge required to better services for adults and promote social integration of seniors.

Important lessons we learned along the way:
- Always consult your community first
- Plan your activities carefully
- Be open and thrive for diversity
- How to empathize with adults and seniors

Results:
- A professional network formed by 14 public libraries
- 23 mobilities organized along the way
- 15 librarians took part in courses taught in Warsaw, Poland and Barcelona, Spain
- 8 librarians that took part in job shadowing experiences in Helsinki, Finland and Oslo, Norway
- 15 new workshops developed for adults
- 15 librarians with improved linguistic competences
- 15 participants that have received Europass Mobility certificates
- 200 adult and senior participants in activities
- 15 librarians that have improved the following competences:
  - learning about active methods that improve adult learning
  - better knowledge of the process behind organizing and holding workshops for an adult audience
  - improved crisis prevention skills
- 15 participants have developed non-verbal means of communication

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